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## **SERMON NOTES AND SCRIPTURE**

### **Luke 10:38–42**

38 As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. 39 She had a sister called Mary, who sat at the Lord's feet listening to what he said. 40 But Martha was distracted by all the preparations that had to be made. She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!"

41 "Martha, Martha," the Lord answered, "you are worried and upset about many things, 42 but few things are needed—or indeed only one. Mary has chosen what is better, and it will not be taken away from her."

#### **1. Sleep!**

#### **2. Refuse to worry about tomorrow!**

#### **3. Create some margin!**

#### **4. Observe the sabbaths.**

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## **GROUP DISCUSSION**

### **Take a moment and read the passages of Scripture together as a group.**

- As you work out your faith, are you more wired like Mary or Martha?
- How did Martha's focus on all that needed to be done take away from the special presence of Jesus?
- Does it come naturally to you to look at how others are working out their faith and point it out (like Martha did to Mary)?
- How do you make time to sit at Jesus' feet and hear from Him?
- How do you find a healthy balance between sitting at Jesus' feet and also working out your faith in doing what needs to be done?
- How do you identify what is a passing (fleeting) moment versus something that will last?
- What distracts you from spending time with God?
- Jesus said Mary choose what is better, not that she IS better... how does that play into these series on identity?